

SAINT XAVIER UNIVERSITY

2004 Biennial Review



Saint Xavier University conducted a Biennial Review between July and September 2004, in accordance with the U.S. Department of Education's Drug-Free Schools and Campuses Regulations.

This document outlines the conclusions of the Biennial Review. The following components are contained within:

1. Alcohol and Other Drug (AOD) Prevention Program Elements
2. AOD Prevention Program Goals and Achievements
3. AOD Prevention Program Strengths and Weaknesses
4. Procedures for Distributing the AOD Policy
5. Recommendations for Revising the AOD Program
6. Attachments

The Alcohol and Other Drug Prevention Program supports and advances the mission and core values of Saint Xavier University by providing information to students, staff, and faculty that promotes and respects healthy life-style choices and personal growth and development. For further information, please contact:

Brian Kelley, Coordinator
Alcohol and Other Drug Program
Saint Xavier University
3700 W. 103rd St.
Chicago, IL 60655
Tel. (773) 298-4109

2004 BIENNIAL REVIEW COMMITTEE

Yasmeen Aleem

Director, Student Success Program

Derek Begich

Head Coach, Women's Soccer

Barbara Costello

Managing Director, Counseling and Career Services
Chair, AODP Steering Committee

Julie Deisinger

Associate Professor of Psychology

Sarah Hein

Counselor, Counseling and Career Services

Brian Kelley

Assistant Director, Residential Life
Alcohol and Other Drug Program Coordinator

John Pelrine

Dean of Students

Monica Ryan

Professor of Nursing
Director, Health Center

Alcohol and Other Drug Prevention Program

Mission Statement

The Alcohol and Other Drug Program is an institution-wide collaboration between Academic Affairs and Student Services at Saint Xavier University. Its mission shall be to educate the Saint Xavier University community about the impact of alcohol and other drugs use as it relates to academic and personal success.

In order to achieve its mission, the Alcohol and Other Drug Program has identified the following goals

The Alcohol and Other Drug Program will:

- Serve as a link for students to University support services.
- Provide information to students, staff, and faculty that fosters healthy life-style choices.
- Design and implement programs in collaboration with other University departments.
- Recommend changes to University policy regarding alcohol and other drugs.
- Assess student attitudes, beliefs, and values regarding the use of alcohol and other drugs.
- Measure the outcome effectiveness of prevention programs and activities.
- Create an atmosphere in which alcohol use is not the central focus of social events.

Reviewed and approved May 2004
Alcohol and Other Drug Program Steering Committee

Yasmeen Aleem, Student Success Program

Derek Begich, Athletics

Barbara Costello, Counseling and Career Services & Chair, AODP Steering Committee

Julie Deisinger, Psychology Department

Sarah Hein, Counseling and Career Services

Brian Kelley, Residential Life

John Pelrine, Dean of Students

Monica Ryan, Health Center

PROGRAM GOALS AND ACHIEVEMENTS

Program Achievements 2002-2004

- Convened AOD Steering Committee in September 2003, composed of faculty and staff across a variety of University departments. The Steering Committee created the AOD mission statement to define its purpose and reason for existence.
- Raised the profile of the Alcohol and Other Drug Program by presenting the Alcohol 101 Plus CD Rom activity to all freshmen students in the required SXU Seminar. As evaluated by freshmen students, the Alcohol and Other Drug component of the SXU Seminar was ranked highest in terms of being the most effective presentation of the course.
- Increased dissemination of information to the SXU community in the form of posters, pamphlets, and educational presentations since the 2000-2002 Biennial Review.
- Offered Alcohol Screening Day and many other special events to commemorate National Alcohol Awareness Month in April 2003-2004.
- Provided education for students found in violation of the AOD policy via the Alcohol and Other Drug Education Seminar on Saturday mornings.
- Offered referrals for treatment of substance use disorders to the university community.
- Added an online alcohol assessment, E-Chug, to the Saint Xavier University website on the Counseling and Career Services page in 2003. The E-Chug is available for students at any time and is utilized in both the Alcohol and Other Drug Education Seminar and Alcohol Awareness Week programming.
- Administered CORE survey to residential students in which we received a 60% response rate.
- Included Parental Notification Policy of alcohol and/or drug related violations to 2004 Student Conduct Code.
- Offered extensive University-wide programming during Alcohol Awareness Month, with particular attention to resident students.
- Strengthened the AOD policy for student athletes to bring it to a level that is consistent with NAIA standards.
- 2004-2005 Conduct Code was amended to address off campus alcohol and drug related violations.

Program Goals 2004-2006

- Educate the university community about the physiological, social, and environmental consequences of alcohol and drug use.
- Review and improve campus policies and practices as needed.
- Ensure that alcohol and drug policies are enforced consistently campus-wide.
- Gather information about student attitudes, beliefs, and behaviors regarding alcohol and drug use, abuse, and dependency.
- Facilitate referrals for students seeking treatment for substance use disorders in collaboration with Counseling and Career Services.
- Initiate a community wide designated driver program whereby Saint Xavier University would partner with local pubs and restaurants to offer incentives for students who participate in the program.
- Include the AOD mission statement in staff and faculty handbook.
- Distribute the AOD mission statement to new and returning students.
- Include student participation on AOD Steering Committee.

PROGRAM STRENGTHS AND WEAKNESSES

The 2004 Biennial Review has identified several strengths of the Alcohol and Other Drug Program at Saint Xavier University.

Strengths

- The program makes use of empirical research and “best practices” in the development of goals and services provided
- Institutional commitment has been demonstrated by the creation of a stable AOD budget
- Steering Committee committed to supporting the AOD Mission Statement.

Limitations

- The CORE survey was only administered to resident students.
- Need to develop a systematic evaluation process of our programming efforts.

AOD PROGRAM ELEMENTS

In July 2001, Saint Xavier University appointed an AOD Program Coordinator, whose primary responsibilities include coordinating campus-wide AOD prevention efforts. In the time that has

passed since its inception, the AOD Program has grown in a variety of ways. The quality and quantity of AOD programs on campus has increased, attendance at AOD programs has risen, the Alcohol 101 Plus CD-Rom program is presented to freshmen in all sections of the mandatory SXU Seminar course, an Alcohol Education Seminar was created for repeated offenders of the University alcohol policy, and an online alcohol assessment tool was added to the Saint Xavier Website. In September 2003 an Alcohol and Other Drug steering committee was formed and composed of faculty and staff from various departments and a mission statement was created for the Alcohol and Other Drug program. In addition, the committee serves to examine and improve campus alcohol policies and practices. The contributions of various university departments to AOD prevention efforts are described in the following sections.

INFORMATION AND AWARENESS CAMPAIGNS

Alcohol 101 Plus

Alcohol 101 is an interactive CD-Rom designed to increase college students' awareness about issues surrounding alcohol use, and to help students make informed decisions about drinking. Alcohol 101 Plus is presented in a group format to students in all sections of ACSU 100: SXU Seminar (first-year experience) course and in all Health and Fitness courses. Alcohol 101 Plus is also available for students' individual use in the Counseling and Career Services office. During the 2002-2003 academic year, Alcohol 101 Plus was presented to over 300 new Saint Xavier students via 21 sections of the SXU Seminar course. During the 2003-2004 academic year, Alcohol 101 Plus was presented to approximately 402 new Saint Xavier students via 23 sections of the SXU Seminar course.

National Collegiate Alcohol Awareness Week and National Alcohol Awareness Month

Saint Xavier University observes National Collegiate Alcohol Awareness Week in October, and National Alcohol Awareness Month in April. Programs that took place in the 2003-2004 academic year for the two aforementioned awareness campaigns were:

1. **Information tables** where students are free to take handouts, brochures, and pamphlets regarding alcohol, drugs, and related issues. These tables are typically set up in high traffic areas to include the Residence Halls and Dining Room.
2. **Soberfest Events** (*completed in 2003 and 2004*). This is a large scale party designed to teach students that alcohol is not necessary to have a good time. Soberfest featured a DJ, mocktails, information table, E-Chugs (online alcohol assessment tool), and fatal vision goggles. Approximately 100 students participated in this event.
3. **Thursday Night Alternative** programs whereby students had an alternative to the typical Thursday night bar scene. Movies, games, and refreshments were featured at these events.
4. **Reflection Tables** where students could commemorate the name of friends and loved ones who had died or suffered from alcohol or alcohol related causes. The reflection table was located in a high traffic area to maximize its impact on passing students.
5. **Bulletin Boards** were created in each Residence Hall that pertained to alcohol and alcohol related issues. Topics of these bulletin boards included physiological effects, binge drinking, and fetal alcohol syndrome.

Additionally, the department of Counseling and Career Services sponsors video and discussion programs on binge drinking and alcohol-related sexual assault, displays relevant information on its

bulletin boards, and publishes AOD-related articles in its newsletters. The *Xavierite*, Saint Xavier's student newspaper, publishes ads and articles addressing alcohol use during October and April.

Alcohol Screening Day

Saint Xavier University sponsored its third annual Alcohol Screening Day in April of 2004. This event includes an educational lecture, a video presentation, and the opportunity to complete a written questionnaire and meet individually with a counselor. Participants receive educational materials and referral information. Two Nursing students assisted in organizing the event, 43 students and 4 staff members attended, and 15 participants completed the alcohol screening.

Alcohol and Other Drug Education Workshops

Students found in violation of the University's AOD policy were required to attend an Alcohol and Other Drug Workshop conducted by the Coordinator of the AOD Program. The Dean of Students, Residence Life officials, and other university departments refer students to a Saturday morning workshop. Topics covered include: state and national norms, physiological effects, legal and medical consequences, and social and environmental effects of alcohol and other drug use. Students are required to examine their own AOD-related behaviors, and discuss alternatives to high-risk drinking and drug use.

Counseling Services

From the period of Fall 2002 through Spring 2004, Counseling and Career Services supported and collaborated with AODP in a variety of ways. In Fall 2002, 209 students participated in alcohol education outreach programs such as the Alcohol 101 presentations held in the First Year Experience classes. In Spring 2003, CCS collaborated with AODP to hold Soberfest and the 2nd annual Alcohol Screening Day. During Fall 2003, counseling staff collaborated with other departments to present Alcohol 101 Plus to the 23 sections of the First Year Experience class and to host the National Collegiate Alcohol Awareness Week events, which included an information table, mocktails, and use of the fatal vision goggles in educating students about the effects of alcohol. A total of 326 students attended alcohol education outreach activities throughout the semester. Counseling staff also conducted an alcohol training with the First Year Experience Instructors, covering research trends and curricular and co-curricular alcohol-prevention and alcohol-free activities on campus. As part of this training, instructors were educated about CHUG and Alcohol 101 Plus. Finally, in Spring 2004, counseling staff collaborated with AODP and the Nursing department to hold the third annual Alcohol Screening Day. In addition to the activities reported by semester, counseling staff maintained a list of off-campus AOD treatment referrals for students and continued to screen clients using the Personality Assessment Inventory (PAI), which includes scales for alcohol and drug use along with other clinical conditions. Counseling and Career Services also contributed to each National Collegiate Alcohol Awareness Week and Alcohol Awareness Month by staffing events in collaboration with AODP, publishing articles related to substance use and abuse in its newsletter, and dedicating its bulletin boards to the topic. The office also supported AODP by providing storage space for informational materials and supplies as well as administrative support when possible.

Department of Student Activities

The Department of Student Activities and First Year Programs provides a variety of alcohol-free programs throughout the academic year. These programs include social events (Murder Mystery Dinner, Medieval Times outing, Super Bowl Party, Multicultural Night, Ski Trip, and Service Day). In 2003, First Year programs also sponsored an alcohol awareness presentation by Mark Sterner entitled "DUI-A Powerful Lesson" attended by approximately 400 students.

Residential Life

The Residential Life policy on alcohol is as follows and can be found in the Residential Life Student Handbook:

The use, sale and possession of alcoholic beverages is prohibited anywhere in the residence halls and university premises with the exception of Gilhooley's Saloon. Alcoholic beverage containers (bottles, cans, etc.) are also prohibited whether or not they contain any beverage. This prohibition applies to all parts of the campus. Possession of a beer keg will result in an automatic suspension from the residence halls.

Subsequent violations of the alcohol policy may result in, but is not limited to, attendance at an *Alcohol and Other Drug Education Seminar* on designated Saturday mornings throughout the semester.

Students who violate this policy are subject to judicial sanctions. These sanctions include but are not limited to: parental notification if under age, residence hall probation, residence hall suspension, attendance at the *Alcohol and Other Drug Education Seminar* organized by Alcohol and Other Drug Program Coordinator, completion of the *Alcohol 101 Plus* interactive CD-ROM, community service, research papers on topics such binge drinking and secondary affects of alcohol consumption, attendance at co-curricular workshops, and educational bulletin boards.

The Department of Residential Life offers programming activities such as "Mocktail Hours" and some general weekend programming to offer students alternate social choices that include BBQ dinners, Sweetheart Auctions, and competition based activities. During Alcohol Awareness Month bulletin boards throughout all buildings are dedicated to alcohol education in many different eye catching formats.

Resident Assistants are trained at the beginning of each academic year on ways to handle incidents involving alcohol. This is accomplished through the RA Training sessions in which alcohol and drugs are discussed in relation to the Residence Halls.

Department of Public Safety

The following are expressly prohibited activities:

1. Possession, consumption, or furnishing of alcoholic beverages on University owned or controlled property, or furnishing alcoholic beverages to others while on campus.
2. Possession, consumption, manufacturing, or furnishing of illegal drugs, in either the refined or crude form.
3. Possession and use of any prescription drug for which legitimate possession and use cannot be verified from a medical doctor.

Based upon the discretion of University officials from Residential Life or the Department of Public Safety, consequences for minors in possession of alcohol, or other violations of the law, may range from referral to the Dean of Students for campus judicial sanctioning or physical arrest by the Chicago Police Department. Any violations of the Controlled Substance Act will result in criminal prosecution.

Academic Affairs

Several departments in the division of Academic Affairs offer courses that incorporate alcohol and other drug education. The following list is a sample of these course offerings.

Academic Support 100	SXU Seminar
Anthropology 235	Sex, Culture and Society
Anthropology 245	Third World in a Global Context
Biology 117	AIDS: A Biological Perspective
Biology 200	Human Biology
Biology 207	Nutrition
Criminal Justice 210	Criminal Law
Criminal Justice 338	Drug Abuse
Education 325	Health and Nutrition Across the Lifespan
Physical Education 112	Health and Fitness
Physical Education 116	Contemporary Topics in Health
Nursing 344	Nursing Care of Adults
Nursing 357	Community and Mental Health Nursing
Psychology 204	Introduction to the Study of Psychopathology
Psychology 306	Social Psychology
Psychology 311	Physiological Psychology
Psychology 341	Health Psychology
Psychology 411	Substance Abuse
Sociology 109	Family Conflict
Sociology 110	Sociology and the Family
Sociology 215	Medical Sociology
Sociology 221	Social Problems
Sociology 283	Gangs and Society
Sociology 324	Substance Abuse Workshop

As of 9-28-04

PROCEDURES FOR DISTRIBUTING THE AOD POLICY

The University's alcohol and other drug policy is made available to students in the Student Handbook. The Student Handbook is available online, and is distributed to all students free of

charge through orientation activities and the residence halls. The Student Handbook is also available throughout the year in the Student Services office.

Upon employment, all staff and faculty receive an orientation with a staff member from the Employee Services department. Faculty and staff receive a manual and an explanation of standards of conduct.

ATTACHMENTS

- Alcohol and Other Drug Policy for Students
- Drug Free Schools and Workplace Act – Staff and Faculty
- Standards of Conduct – Staff and Faculty
- List of Community Resources for Treatment of Substance Use Disorders
- State of Illinois Controlled Substances Act
- Saint Xavier University-Code of Conduct for Student Athletes
- Federal laws can be found on the Higher Education Center’s website:
<http://www.edc.org/hec/dfsc/>

Alcohol and Other Drug Policy -Students

Alcohol Policy

Saint Xavier University students are expected to abide by Illinois State laws concerning the drinking age. When some members and/or guests of a student group, club, or organization are under the legal drinking age at an off-campus event, the members of the organization and their guests are responsible for conducting themselves in accordance with University Policy and with state laws.

With the exception of Gilhooley's Saloon, students and/or their guests may not possess, sell, or consume alcoholic beverages on University property. Students may not purchase alcoholic beverages with University approved student fees or with any other student funds that are collected and administered by a student organization or club. Violation of this policy may result in disciplinary action.

On rare occasions, students and/or their guests, who are 21 years of age or older, may apply for permission to possess or consume alcoholic beverages at an approved University function. Those who so wish to obtain such permission must consult with the Dean of Students no later than 10 days prior to the date of the event. Permission will be granted only when a series of stringent precautionary and control measures have been arranged so that those attendees who are under 21 years of age will not be served alcoholic beverages. At no time may students and/or their guests sell or effect the commercial delivery of alcoholic beverages on University property.

At any on-campus or off-campus events at which students and/or guests under 21 years of age are present, and where alcoholic beverages are served or provided by an official Saint Xavier University department, organization or club as part of the event, prior University approval must be obtained. Saint Xavier University assumes no responsibility for any liability incurred as the result of a department's, club's or organization's violation of these rules or of any State or City law governing the use and consumption of alcoholic beverages.

Drug Policy

Members of the University community are subject to federal, state, and local laws. Illinois law prohibits the possession or use of marijuana, narcotics, and hallucinogenic drugs, either in the refined or crude form, except under the direction of a licensed physician or dentist. The possession, use, distribution, and/or sale of marijuana, narcotics, and hallucinogenic drugs are prohibited. Violations of these regulations may result in disciplinary action, ranging from a written statement of an official warning up to legal civil actions and expulsion from the University. Individuals convicted of unlawfully possessing or distributing illicit drugs and alcohol may face misdemeanor or felony charges, which are punishable by sanctions up to and including imprisonment.

Counseling and Treatment for Drug and Alcohol Problems

1. Drugs and alcohol are dangerous substances, which can lead to serious physical problems with all major organs. Even a single abuse of these substances can endanger lives and cause irreparable harm to self and others.
2. Students who may have been, or are using drugs, and wish counseling, may request counseling on campus or referral to outside agencies. If a student enters into a counseling relationship, it will be regarded as privileged information and be treated in a confidential manner.

An extensive list of drug and alcohol counseling treatment rehabilitation programs is available to students through the Vice President for Enrollment and Student Services Office, or by calling the Illinois Department of Alcoholism and Substance Abuse at (312) 917-3840.

*The above information is provided in cooperation with the United States Government's **Drug Free Schools and Workplace Act (1989)**.*

Drug Free Workplace

In full cooperation with the federal government, it is Saint Xavier University's policy to have a drug-free workplace. The unlawful manufacture, distribution, dispensation, possession or use of a controlled substance, mind-altering chemical, depressant, stimulant, or alcohol is strictly prohibited "on premises." "On premises" includes any work site, vehicle, or office which is owned, serviced or used by the University and includes employee-owned vehicles on the property of the University or of any client of the University. Violation of this policy will ordinarily result in immediate discharge.

As part of our policy, we are maintaining a drug-free awareness program to inform employees about: a) our policy of maintaining a drug-free workplace; b) the dangers of drug abuse in the workplace; c) drug counseling, rehabilitation and similar programs which are available in the community; and d) the fact an employee may not lose his/her job, but may be sent to prison, for drug abuse violations.

For compliance with the federal law and as a condition of continued employment with the University, each employee must: a) comply with this policy of a drug-free workplace and b) notify the University in writing of any criminal drug statute conviction for a violation occurring in a workplace no later than five calendar days after such conviction. Within 10 days after receiving notice that an employee has been convicted of violating a criminal drug statute, the University is required to report that fact to any government agency with which we have a contract.

Standards of Conduct for Faculty and Staff

Whenever people gather together to achieve goals, some work rules are needed to help everyone work together efficiently, effectively and harmoniously. By accepting employment with the University, staff have a responsibility to Saint Xavier and to fellow staff members to adhere to certain rules of behavior and conduct. The purpose of these rules is not to restrict staff members' rights, but rather to be certain that each staff member understands what conduct is expected and necessary. When each person is aware that he or she can fully depend upon fellow workers to follow the work rules, then our institution will be a better place to work for everyone.

Staff members should read these work rules carefully. While not every situation can be covered in a Handbook such as this, here are some examples of conduct Saint Xavier University considers unacceptable:

1. Deliberate falsification of any records.
2. Habitual absence or tardiness.
3. Absence on a scheduled workday without notification.
4. Insubordination or failure to follow instructions.
5. Threatening, intimidating, coercing, physically abusing, or sexually harassing fellow employees.
6. Interfering with normal work routine while on the job or on scheduled break.
7. Theft.
8. Coming to work under the influence of alcohol or illegal drugs or narcotics, or bringing such substances on to University premises.
9. Deliberate disregard of safety rules.
10. Disregard for appropriate attire.
11. Gross incompetence.
12. Possession of firearms.

The foregoing enumeration is by way of illustration and should not be deemed to alter the employee's at-will status.

SAINT XAVIER UNIVERSITY CODE OF CONDUCT FOR STUDENT ATHLETES:

The Saint Xavier University Athletic Department expects each student-athlete to conduct himself/herself in a manner that reflects a positive image of the values and traditions associated with the University.

As a member of the Saint Xavier University Athletic Program, you become a representative not only of your team, but the University. You have the freedom to manage your own life style. It is essential that this freedom be handled in a responsible manner so as not to jeopardize the opportunity to obtain maximum results from your college experience. It is important that your personal conduct demonstrates good moral and ethical judgement. You are expected to conduct yourself both on and off-campus in a manner that brings credit to the University and your team. Be aware of the image you are projecting to those individuals with whom you come in contact.

Success in sports requires extensive time and energy. As a student-athlete, it is imperative that you budget your time wisely and establish sound objectives and priorities. Experienced student-athletes have found that good organizational skills are necessary to attend classes, practices, meetings, prepare out-of-class assignments and still have time for themselves. Create an effective schedule and stick with it. It is much wiser to make a strong start and keep current on assignments than to spend your time and energy always trying to catch up.

Saint Xavier University student-athletes are expected to remain in good academic standing with the University. Each student-athlete must adhere to the rules and regulations of his/her individual sport. Student-athletes are expected to remain in good standing with all campus officials, including security, residential life staff, Dean of Students, etc.

When you travel on the road as a member of a Saint Xavier University Athletic team you must represent the Athletic Department and the University in a professional manner. You are asked to conduct yourself according to the rules and regulations established by the coach of your particular sport. Prior to departure, you are responsible for informing your instructors that you will be absent. It is your responsibility to make arrangements to make up missed course work when you are traveling with the team.

In this book you will see a pledge sheet for the NAIA "Champions of Character" initiative. We at Saint Xavier University have always stressed good sportsmanship. We are proud to be part of this program.

Saint Xavier University
Substance Use/Abuse Referral List

Substance Abuse Treatment Programs

(Private Insurance Not Required)

Alcoholics Anonymous 200 N. Michigan,
Ste 501
Chicago, IL 60601
(312) 346-1475

Chicago, IL 60607
(312) 226-7984

Narcotics Anonymous
(708) 633-3521

South Suburban Council on Alcoholism
and Substance Abuse
1909 Checker Square
174th & Dixie Highway
East Hazelcrest, IL 60429
(708) 957-2857 or 2854

Interventions
5701 S. Wood St.
Chicago, IL 60636
(773) 737-4600
2221 W. 64th
Woodridge, IL
(630) 968-6477

Salvation Army Harbor Light Program
1515 W. Monroe
Chicago, IL 60607
(312) 421-5753

Gateway Foundation Central Intake
819 S. Wabash
Chicago, IL
(800) 444-1331

Two Entry House
1447 E. 65th
Chicago, IL
(773) 493-6116

Brass Foundation
340 E. 51st St.
Chicago, IL 60615
(773) 869-0320

Women's Treatment Center
140 N. Ashland
Chicago, IL
(312) 850-0050

Brass Foundation II
8000 S. Racine
Chicago, IL
(773) 994-2708

Palos Hospital
24 Hour Help Line
(708) 361-TALK

Lutheran Social Services
A.D.D. Program
Central Intake
(773) 282-7693

Lutheran Social Services Outpatient
5825 W. Belmont
Chicago, IL 60641
(773) 282-7693
Haymarket House
120 N. Sangamon St.

Alcohol & Other Drug Treatment Programs

(Require insurance or self-pay – some may accept public aid. Call for more info.)

Little Company of Mary Hospital
2800 W. 95th
Evergreen Park, IL 60642
(708) 422-0110
(708) 229-6130

Christ Hospital
4440 W. 95th
Oak Lawn, IL 60453
(708) 346-1337

Mercy Hospital
Stevenson at King Dr.
Chicago, IL
(312) 567-2486

MacNeal Hospital
3249 S. Oak Park Ave.
Berwyn, IL
(708) 795-9100
(708) 783-3140

Linden Oaks Hospital
852 West St.
Naperville, IL 60540
(800) 955-6257

Palos Primary Care
Orland Park
(708) 460-2370

Jackson Park Hospital
7531 S. Stony Island
Chicago, IL
(773) 947-7500
(773) 947-7347

Ingalls Memorial Hospital
One Ingalls Dr.
Harvey, IL
(708) 333-2300 X5441

St. Mary of Nazareth
(Medical Insurance & Public Aid Accepted)
2233 W. Division
Chicago, IL
(312) 770-2687

AOD Support For Families

A.C.O.A.
(708) 206-1156

Al-Anon & Alateen
(773) 471-0225

Counseling Services

(Insurance and/or sliding fee scale – call for info)

David M. Hurley, LCPC, CADC
10522 S. Cicero, Suite 202
Oak Lawn, IL 60453
(708) 636-6571

Lutheran Family Services
Michael J. Fonda, SCAC
3220 W. 115th
Chicago, IL 60655
(773) 881-1900

Aunt Martha's
233 Joe Orr Road
Chicago Heights, IL 60411
(708) 756-0326

Counseling Services - continued

(Insurance and/or sliding fee scale – call for info)

Counseling Associates
17716 Oak Park Ave.
Tinley Park, IL 60477
(708) 532-7260

Center for Personal & Family Life
3624 216th St.
Matteson, IL 60443
(708) 481-4080

Community Counseling Associates
17901 Governors Highway Suite 107
Homewood, IL 60443
(708) 597-0032

Family Services of Oak Lawn
9401 S. 53rd Ct.
Oak Lawn, IL 60453
(708) 423-3361

Christ Hospital Self-Help Groups

Alcoholics Anonymous
Al-Anon Chicago
Alateen Chicago
Narcotics Anonymous
Cocaine Anonymous
Naranon
Gamblers Anonymous
Gam-Anon
Adult Children of Alcoholics

Call (708) 346-1337 for information on Christ Hospital groups.