

SAINT XAVIER UNIVERSITY

2008 Biennial Review



Saint Xavier University conducted a Biennial Review between December 2008 and February 2009, in accordance with the U.S. Department of Education's Drug-Free Schools and Campuses Regulations.

This document outlines the conclusions of the Biennial Review. The following components are contained within:

1. Vision Statement, Mission Statement and Core Values
2. Program Achievements and Goals
3. Program Strengths and Limitations
4. Information and Awareness Campaigns
5. Procedures for Distributing the AOD Policy
6. Attachments

The Alcohol and Other Drug Prevention Program supports and advances the mission and core values of Saint Xavier University by providing information to students, staff, and faculty that promotes and respects healthy life-style choices and personal growth and development. For further information, please contact:

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VISION STATEMENT, MISSION STATEMENT AND CORE VALUES

Alcohol and Other Drug Prevention Program Vision Statement

The Alcohol and Other Drug Prevention Program is an institution-wide collaboration between Academic Affairs and Student Affairs at Saint Xavier University. Its vision shall be to educate the Saint Xavier University community about the impact of alcohol and other drugs use as it relates to academic and personal success.

In order to achieve its mission, the Alcohol and Other Drug Prevention Program has identified the following goals.

The Alcohol and Other Drug Prevention Program will:

- Serve as a link for students to University support services.
- Provide information to students, staff, and faculty that fosters healthy life style choices.
- Design and implement programs in collaboration with other University departments.
- Recommend changes to University policy regarding alcohol and other drugs.
- Assess student attitudes, beliefs, and values regarding the use of alcohol and other drugs.
- Measure the outcome effectiveness of prevention programs and activities.
- Create an atmosphere in which alcohol use is not the central focus of social events.

Reviewed and approved most recently by the Alcohol and Other Drug Prevention Program Steering Committee, February 11, 2009.

Saint Xavier University Mission Statement

Saint Xavier University, a Catholic institution inspired by the heritage of the Sisters of Mercy, educates men and women to search for truth, to think critically, to communicate effectively, and to serve wisely and compassionately in support of human dignity and the common good.

Approved by the Saint Xavier University Board of Trustees, October 12, 2005 and by the Members of the Corporation, the Sisters of Mercy, on October 20, 2005.

Saint Xavier University Core Values

The Saint Xavier University Community commits itself to practicing eight core values as it engages in a search for truth and knowledge, both for personal enhancement and to understand and improve our world. These eight core values are Respect, Excellence, Compassion, Service, Hospitality, Integrity, Diversity, and Learning for Life.

PROGRAM ACHIEVEMENTS AND GOALS

Program Achievements 2006-2008

- Expanded Steering Committee to include better campus representation, including Public Safety, Orland Park campus representation, and student athletes.
- Offered Safety Fest during Alcohol Awareness Week in October 2008. This program was in collaboration with other university departments and community organizations.
- Maintained an ongoing partnership with the Nursing and Psychology programs where undergraduate and graduate students collaborated with the steering committee to plan, market, and implement alcohol educational events on campus. This work was directly connected to the classes' learning objectives.
- Updated the AODP website, including a photo gallery of events. This site is dedicated to raising the AODP program's profile, advertising events and providing resources for students.
- Updated the AODP brochure and distributed to various offices around campus, including OPC.
- Communicated to Residence Life educational opportunities for students found in violation of the AOD policy, such as attending AODP sponsored programs.
- Investigated alternative Web-based educational programs, including inviting a representative from Outside the Classroom program *AlcoholEdu for College* to meet with some committee members.
- Maintained AODP program presence at FOCUS' Road to Success, thus offering all incoming freshmen the opportunity to learn more about the program at the beginning of their college career.
- Established AODP program presence at University All-Campus Fair and Student Organization Expo.
- Reviewed information from the American College Health Association survey about student attitudes, beliefs, and behaviors regarding alcohol and drug use, abuse, and dependency. This survey was administered by School of Nursing faculty in Fall 2007.
- Investigated initiating a BACCHUS group at SXU, including hosting an information session for students about the national network.

Program Goals 2008-2010

- Educate the university community about the physiological, social, and environmental consequences of alcohol and drug use.
- Review and improve campus policies and practices as needed.
- Ensure that alcohol and drug policies are consistently enforced campus-wide.

- Facilitate referrals for students seeking treatment for substance use disorders in collaboration with Counseling and Career Services.
- Explore possibilities to initiate a community wide designated driver program whereby Saint Xavier University would partner with local pubs and restaurants to offer incentives for students who participate in the program.
- Devise more efficient ways to utilize e-CHUG results that are more meaningful for students.
- Include the AOD mission statement in staff handbook.
- Continue to include student participation on AODP Steering Committee.
- Continue to keep the AODP Web page updated with programming and resource information.
- Administer the CORE survey in 2010.
- Offer the Safety Fest program annually, continuing to expand what is offered.
- Develop and measure learning outcomes at programs.
- Work with SXU administration to create a part-time AODP coordinator position.
- Continue to increase student awareness of the AODP program, perhaps cooperating with Athletics or having a Facebook page.
- Collaborate with Residential Life to encourage responsible behaviors with students living in off-campus housing.

PROGRAM STRENGTHS AND LIMITATIONS

The 2008 Biennial Review has identified several strengths of the Alcohol and Other Drug Prevention Program at Saint Xavier University.

Strengths

- The program makes use of empirical research and “best practices” in the development of goals and services provided
- Institutional commitment has been continued through the maintenance of a stable AODP budget
- Steering Committee committed to supporting the AODP Vision Statement.
- Steering Committee commitment and academic departmental support of including students in developing AODP events.
- The CORE survey was administered to a representative, random sample of the undergraduate student population.

Limitations

- Need to increase length of time that student members serve on the steering committee.
- The CORE survey's response rate experienced a decrease compared to the previous administration.
- Need to develop learning outcomes for programs, including ways to assess the outcomes and process the results.

INFORMATION AND AWARENESS CAMPAIGNS

Alcohol 101 Plus

Alcohol 101 Plus is an interactive CD-Rom designed to increase college students' awareness about issues surrounding alcohol use, and to help students make informed decisions about drinking. Alcohol 101 Plus is also available for students' individual use in the Counseling and Career Services office. Between 2006-2008 the program was used in classroom settings upon the request of the instructor, rather than a mandatory part of the Transitions program.

National Collegiate Alcohol Awareness Week and National Alcohol Awareness Month

Saint Xavier University observes National Collegiate Alcohol Awareness Week (NCAAW) in October and National Alcohol Awareness Month (NAAM) in April. Over 500 students, faculty and staff participated in the programming efforts that occurred during NCAAW and NAAM. An example of the programs that took place in the 2006-2007 and 2007-2008 academic years for the two aforementioned awareness campaigns were:

1. **Information tables.** Students can take handouts, brochures, and pamphlets regarding alcohol, drugs, and related issues. These tables were set up in the Dining Hall and staffed with AODP committee members
2. **Social Norms Campaign.** Data from the American College Health Association survey was published on promotional items and on SXToday. Data revealed positive messages about actual SXU student behavior.
3. **Bulletin Boards.** Created by nursing and psychology students, bulletin boards were posted in the Residence Halls, main campus hallways, Shannon Athletic Center, and OPC that pertained to alcohol and alcohol related issues. Topics of these bulletin boards included children of alcoholics, signs of alcohol abuse, and designated driving.
4. **Mocktails.** This program included students serving alcohol alternative beverages in the dining hall atrium during the lunch hours. Beverages were provided at no cost to the students and educational brochures and AODP promotional items were available to take. Students also had an opportunity to attempt walking an obstacle course with fatal vision goggles on.
5. **Root beer "kegger".** In collaboration with Residence Life, root beer kegs were purchased and root beer floats were provided to students (at no charge) in AODP plastic steins. The steins had social norms statistics on it. A bicycle obstacle course was set up for students to attempt while wearing fatal vision goggles.
6. **Guest Speaker.** Scott Walters, Ph.D. Dr. Walters is an assistant professor of behavioral sciences at the University of Texas School of Public Health. His research interests include college student health and substance abuse prevention, motivational theories of change, and

7. **Safety Fest.** In collaboration with university department and community groups, this event brought awareness and education to our students concerning alcohol, tobacco, drug and sexual assault. The program included a DUI Simulator available for students, live bands, free refreshments and games involving fatal vision goggles.

Alcohol Screening Day

Saint Xavier University sponsored its sixth and seventh annual Alcohol Screening Days in April 2007 and 2008. This event included an educational lecture, a video presentation, and the opportunity to complete a written questionnaire and meet individually with a counselor. Participants receive educational materials and referral information. Several Nursing and Psychology students assisted in organizing the events. In 2007 and 2008, 137 and 60 students, respectively, attended these events or completed the on-line version of the screening.

Athletics

AODP sponsored the half-time activities at a men's basketball game in February 2008. Promotional items and a Starbucks gift card were given out to participants. An informational table was set up in the lobby of the Shannon Center with alcohol and other drug educational brochures.

Department of Campus Life

The Department of Campus Life provides a variety of alcohol-free programs throughout the academic year. These programs include social events, such as the *Talking Bones* performance outing, Breast Cancer Walk, Multicultural Night, Taste of SXU, Service Day, Late Night at SXU and more.

In 2007 and 2008, First Year Programs, as part of SXU's Transitions class, sponsored the following alcohol awareness events: "DUI: A Powerful Lesson" presented by Mark Sterner and Pillars Community Services offered a presentation which includes a portion focusing on consequences of drugs and alcohol. Approximately 500 students attended each presentation.

Counseling and Career Services

During the 2006-2007 and 2007-2008 academic years, Counseling and Career Services supported and collaborated with AODP in a variety of ways. Counseling staff presented Alcohol 101 Plus to numerous classes when requested by the instructor. In Spring 2006-2008, counseling staff collaborated with AODP and the nursing and psychology departments to hold the annual Alcohol Screening Days. The purpose of Alcohol Screening Day is to educate the campus community about the signs and symptoms of alcohol abuse and dependence and where to get help. Counseling staff maintained a referral list for AOD treatment and continued to screen clients using the Personality Assessment Inventory (as part of the normal intake process for personal counseling), which includes scales for alcohol and drug use along with other clinical conditions. The CCS office also supported AODP by providing administrative support whenever possible.

Health Center

From an organizational perspective the Health Center is under the School of Nursing. As part of the nursing curriculum course work nursing students have assisted with the implementation of some program related to Alcohol Awareness Week and Month. We've worked collaboratively with CCS to assist students with the challenges of alcohol use and abuse and referred as necessary. Our monthly newsletter has contained articles on "Noticing a Drinking/Drug Problem in Yourself or a Friend" and "Date Rape Drugs."

Department of Public Safety

The following are expressly prohibited activities:

1. The unlawful or prohibited possession, consumption or furnishing of alcoholic beverages on University owned or controlled property, or furnishing alcoholic beverages to others while on campus.
2. Possession, consumption, manufacturing, or furnishing of illegal drugs, in either the refined or crude form.
3. Possession and use of any prescription drug for which legitimate possession and use cannot be verified from a medical doctor.

Based upon the discretion of University officials from Residential Life or the Department of Public Safety, consequences for minors in possession of alcohol, or other violations of the law, may range from referral to the Dean of Students for campus judicial sanctioning or physical arrest by University or Chicago Police. Any violations of the Controlled Substance Act will result in criminal prosecution.

Residence Life

Resident students are expected to maintain the standards of the Code of Student Conduct which includes the SXU alcohol policy as follows:

- A. Sale, possession, consumption and service of alcoholic beverages by any person under the age of 21 is prohibited in accordance with Illinois State Law. Possession, consumption and service of alcoholic beverages on campus by individuals 21 years of age or older may be allowed under specified circumstances and in designated locations. Possession by any individual of alcoholic beverages in residence halls is prohibited. Students not consuming but in the presence of alcohol are also subject to disciplinary action.

Students who violate the SXU alcohol policy are subject to a conduct process and if found responsible are issued sanctions. These sanctions, as outlined in the Student Handbook, include but are not limited to: parental notification if under age, online judicial educators, residence hall probation or visitation ban, residence hall suspension, attendance at activities organized by Alcohol and Other Drug Prevention Program, completion of an E-chug, completion of the *Alcohol 101 Plus* interactive CD-ROM, research papers on topics such binge drinking and secondary affects of alcohol consumption, attendance at co-curricular workshops, and educational bulletin boards.

The Department of Residence Life offers programming activities to provide students alternate social choices that include Alternative Thursday Night Tailgating, Root Beer Pong, and other basic RA programs. During Alcohol Awareness Month bulletin boards throughout all buildings are dedicated to alcohol education in many different eye catching formats.

Resident Assistants are trained at the beginning of each academic year on ways to handle incidents involving alcohol. This is accomplished through the RA Training sessions in which alcohol and drugs are discussed in relation to University Housing and the Code of Student Conduct. Sessions are given by the Health Center, Counseling Center, Public Safety and Residence Life.

Student Success Program

Throughout 2008 and 2009, the Student Success Program has collaborated with Counseling and Career Services to organize events for National Collegiate Alcohol Awareness Month. In April 2008, during Alcohol Awareness Month, the Student Success Program Counselor assisted other counselors in the University's Alcohol Screening Day. The Student Success Program Counselor also regularly conducts screening for alcohol and other drug use, using the Personality Assessment Inventory (PAI), with all clients seeking counseling services. In October of 2008 the Student Success Program collaborated with a number of departments throughout the university to help organize and participate in the first annual Safety Fest. The main purpose of Safety Fest was to raise awareness of the possible consequences of drinking and driving, and to promote safe and responsible behaviors.

Academic Affairs

Several departments in the division of Academic Affairs offer courses that incorporate alcohol and other drug education. The following list is a sample of these course offerings.

Academic Support 100 SXU Transitions
Anthropology 232 Adolescence Cross-culturally
Anthropology 235 Sex, Culture and Society
Anthropology 245 Third World in a Global Context
Biology 173 AIDS: A Biological Perspective
Biology 200 Human Biology
Biology 207 Nutrition
Criminal Justice 210 Criminal Law
Criminal Justice 338 Drug Abuse
Education 325 Health and Nutrition Across the Lifespan
Physical Education 112 Health and Fitness
Physical Education 116 Contemporary Topics in Health
Physical Education 117 Principles and Problems of Coaching
Nursing 344 Nursing Care of Adults
Nursing 357 Community and Mental Health Nursing
Psychology 200 Child Development
Psychology 201 Adolescence
Psychology 204 Introduction to the Study of Psychopathology
Psychology 242 Stress Management
Psychology 306 Social Psychology
Psychology 311 Physiological Psychology
Psychology 324 Adulthood and Aging

Psychology 341 Health Psychology
Sociology 210 Sociology and the Family
Sociology 215 Medical Sociology
Sociology 221 Social Problems
Sociology 283 Gangs and Society

As of February, 2009

PROCEDURES FOR DISTRIBUTING THE AOD POLICY

The University's alcohol and other drug policy is made available to students in the Student Handbook. The Student Handbook is available online, and is distributed to all students free of charge through orientation activities and the residence halls. The Student Handbook is also available throughout the year in the Student Affairs office.

Upon employment, all staff and faculty receive an orientation with a staff member from the Employee Services department. Faculty and staff receive a manual and an explanation of standards of conduct.

ATTACHMENTS

- Alcohol and Other Drug Policy for Students
- Drug Free Schools and Workplace Act – Staff and Faculty
- Standards of Conduct – Staff and Faculty
- Saint Xavier University-Code of Conduct for Student Athletes
- List of Community Resources for Treatment of Substance Use Disorders
- State of Illinois Controlled Substances Act
- Federal laws can be found on the Higher Education Center's website:
<http://www.edc.org/hec/dfsca/>

Alcohol and Other Drug Policy -Students

Alcohol Policy

Saint Xavier University students are expected to abide by Illinois State laws concerning the drinking age. When some members and/or guests of a student group, club, or organization are under the legal drinking age at an off-campus event, the members of the organization and their guests are responsible for conducting themselves in accordance with University Policy and with state laws.

With the exception of Gilhooley's Saloon, students and/or their guests may not possess, sell, or consume alcoholic beverages on University property. Students may not purchase alcoholic beverages with University approved student fees or with any other student funds that are collected and administered by a student organization or club. Violation of this policy may result in disciplinary action.

On rare occasions, students and/or their guests, who are 21 years of age or older, may apply for permission to possess or consume alcoholic beverages at an approved University function. Those who so wish to obtain such permission must consult with the Dean of Students no later than 10 days prior to the date of the event. Permission will be granted only when a series of stringent precautionary and control measures have been arranged so that those attendees who are under 21 years of age will not be served alcoholic beverages. At no time may students and/or their guests sell or effect the commercial delivery of alcoholic beverages on University property.

At any on-campus or off-campus events at which students and/or guests under 21 years of age are present, and where alcoholic beverages are served or provided by an official Saint Xavier University department, organization or club as part of the event, prior University approval must be obtained. Saint Xavier University assumes no responsibility for any liability incurred as the result of a department's, club's or organization's violation of these rules or of any State or City law governing the use and consumption of alcoholic beverages.

Drug Policy

Members of the University community are subject to federal, state, and local laws. Illinois law prohibits the possession or use of marijuana, narcotics, and hallucinogenic drugs, either in the refined or crude form, except under the direction of a licensed physician or dentist. The possession, use, distribution, and/or sale of marijuana, narcotics, and hallucinogenic drugs are prohibited. Violations of these regulations may result in disciplinary action, ranging from a written statement of an official warning up to legal civil actions and expulsion from the University. Individuals convicted of unlawfully possessing or distributing illicit drugs and alcohol may face misdemeanor or felony charges, which are punishable by sanctions up to and including imprisonment.

Counseling and Treatment for Drug and Alcohol Problems

1. Drugs and alcohol are dangerous substances, which can lead to serious physical problems with all major organs. Even a single abuse of these substances can endanger lives and cause irreparable harm to self and others.
2. Students who may have been, or are using drugs, and wish counseling, may request counseling on campus or referral to outside agencies. If a student enters into a counseling relationship, it will be regarded as privileged information and be treated in a confidential manner.

An extensive list of drug and alcohol counseling treatment rehabilitation programs is available to students through the Vice President for Enrollment and Student Services Office, or by calling the Illinois Department of Alcoholism and Substance Abuse at (312) 917-3840.

*The above information is provided in cooperation with the United States Government's **Drug Free Schools and Workplace Act (1989)**.*

Drug Free Workplace

In full cooperation with the federal government, it is Saint Xavier University's policy to have a drug-free workplace. The unlawful manufacture, distribution, dispensation, possession or use of a controlled substance, mind-altering chemical, depressant, stimulant, or alcohol is strictly prohibited "on premises." "On premises" includes any work site, vehicle, or office which is owned, serviced or used by the University and includes employee-owned vehicles on the property of the University or of any client of the University. Violation of this policy will ordinarily result in immediate discharge.

As part of our policy, we are maintaining a drug-free awareness program to inform employees about: a) our policy of maintaining a drug-free workplace; b) the dangers of drug abuse in the workplace; c) drug counseling, rehabilitation and similar programs which are available in the community; and d) the fact an employee may not lose his/her job, but may be sent to prison, for drug abuse violations.

For compliance with the federal law and as a condition of continued employment with the University, each employee must: a) comply with this policy of a drug-free workplace and b) notify the University in writing of any criminal drug statute conviction for a violation occurring in a workplace no later than five calendar days after such conviction. Within 10 days after receiving notice that an employee has been convicted of violating a criminal drug statute, the University is required to report that fact to any government agency with which we have a contract.

Standards of Conduct for Faculty and Staff

Whenever people gather together to achieve goals, some work rules are needed to help everyone work together efficiently, effectively and harmoniously. By accepting employment with the University, staff have a responsibility to Saint Xavier and to fellow staff members to adhere to certain rules of behavior and conduct. The purpose of these rules is not to restrict staff members' rights, but rather to be certain that each staff member understands what conduct is expected and necessary. When each person is aware that he or she can fully depend upon fellow workers to follow the work rules, then our institution will be a better place to work for everyone.

Staff members should read these work rules carefully. While not every situation can be covered in a Handbook such as this, here are some examples of conduct Saint Xavier University considers unacceptable:

1. Deliberate falsification of any records.
2. Habitual absence or tardiness.
3. Absence on a scheduled workday without notification.
4. Insubordination or failure to follow instructions.
5. Threatening, intimidating, coercing, physically abusing, or sexually harassing fellow employees.
6. Interfering with normal work routine while on the job or on scheduled break.
7. Theft.
8. Coming to work under the influence of alcohol or illegal drugs or narcotics, or bringing such substances on to University premises.
9. Deliberate disregard of safety rules.
10. Disregard for appropriate attire.
11. Gross incompetence.
12. Possession of firearms.

The foregoing enumeration is by way of illustration and should not be deemed to alter the employee's at-will status.

SAINT XAVIER UNIVERSITY CODE OF CONDUCT FOR STUDENT ATHLETES:

The Saint Xavier University Athletic Department expects each student-athlete to conduct himself/herself in a manner that reflects a positive image of the values and traditions associated with the University.

As a member of the Saint Xavier University Athletic Program, you become a representative not only of your team, but the University. You have the freedom to manage your own life style. It is essential that this freedom be handled in a responsible manner so as not to jeopardize the opportunity to obtain maximum results from your college experience. It is important that your personal conduct demonstrates good moral and ethical judgment. You are expected to conduct yourself both on and off-campus in a manner that brings credit to the University and your team. Be aware of the image you are projecting to those individuals with whom you come in contact.

Success in sports requires extensive time and energy. As a student-athlete, it is imperative that you budget your time wisely and establish sound objectives and priorities. Experienced student-athletes have found that good organizational skills are necessary to attend classes, practices, meetings, prepare out-of-class assignments and still have time for themselves. Create an effective schedule and stick with it. It is much wiser to make a strong start and keep current on assignments than to spend your time and energy always trying to catch up.

Saint Xavier University student-athletes are expected to remain in good academic standing with the University. Each student-athlete must adhere to the rules and regulations of his/her individual sport. Student-athletes are expected to remain in good standing with all campus officials, including security, residence life staff, Dean of Students, etc.

When you travel on the road as a member of a Saint Xavier University Athletic team you must represent the Athletic Department and the University in a professional manner. You are asked to conduct yourself according to the rules and regulations established by the coach of your particular sport. Prior to departure, you are responsible for informing your instructors that you will be absent. It is your responsibility to make arrangements to make up missed course work when you are traveling with the team.

In this book you will see a pledge sheet for the NAIA “Champions of Character” initiative. We at Saint Xavier University have always stressed good sportsmanship. We are proud to be part of this program.

**Saint Xavier University
Substance Use/Abuse Referral List**

Substance Abuse Treatment Programs

(Private Insurance Not Required)

Alcoholics Anonymous 180 N. Wabash Ave Ste 305
Chicago, IL 60601
(312) 346-1475

Lutheran Social Services Outpatient
5825 W. Belmont
Chicago, IL 60641
(773) 282-7693

Narcotics Anonymous
(708) 633-3521

Haymarket Center
932 W. Washington
Chicago, IL 60607
(866) 945-5786

Interventions
5701 S. Wood St.
Chicago, IL 60636
(773) 737-4600
2221 W. 64th
Woodridge, IL
(630) 968-6477

South Suburban Council on Alcoholism and Substance Abuse
1909 Checker Square
174th & Dixie Highway
East Hazel Crest, IL 60429
(708) 957-2857 or 2854

Gateway Foundation Central Intake
819 S. Wabash #300
Chicago, IL
(800) 444-1331

Salvation Army Harbor Light Program
1515 W. Monroe
Chicago, IL 60607
(312) 421-5753

Brass Foundation II
8000 S. Racine
Chicago, IL
(773) 994-2708

Two Entry House
1447 E. 65th
Chicago, IL
(773) 493-6116

Lutheran Social Services
A.D.D. Program
Central Intake
4540 W. Barry Ave
Chicago, IL 60641
(773) 282-7693

Women's Treatment Center
140 N. Ashland
Chicago, IL
(312) 850-0050

Palos Hospital
24 Hour Help Line
(708) 361-TALK

Alcohol & Other Drug Treatment Programs

(Require insurance or self-pay – some may accept public aid. Call for more info.)

Little Company of Mary Hospital
2800 W. 95th
Evergreen Park, IL 60642
(708) 422-0110
(708) 229-6130

Christ Hospital
4440 W. 95th
Oak Lawn, IL 60453
(708) 346-1337

Mercy Hospital
Stevenson at King Dr.
Chicago, IL
(312) 567-2486

MacNeal Hospital
3249 S. Oak Park Ave.
Berwyn, IL
(708) 795-9100

Linden Oaks Hospital
852 West St.
Naperville, IL 60540
(800) 955-6257

Palos Primary Care
Outpatient Chemical Depend
15300 West Avenue
Orland Park, IL 60462
(708) 460-2370

Jackson Park Hospital
7531 S. Stony Island
Chicago, IL
(773) 947-7347

Ingalls Memorial Hospital
One Ingalls Dr.
Harvey, IL
(708) 333-2300 X5441

St. Mary of Nazareth
(Medical Insurance & Public Aid Accepted)
2233 W. Division
Chicago, IL
(312) 770-2687

AOD Support For Families

A.C.O.A.
(708) 206-1156

Al-Anon & Alateen
(773) 471-0225

Counseling Services

(Insurance and/or sliding fee scale – call for info)

David M. Hurley, LCPC, CADC
10522 S. Cicero, Suite 202
Oak Lawn, IL 60453
(708) 636-6571

Lutheran Family Services
Michael J. Fonda, SCAC
3220 W. 115th
Chicago, IL 60655
(773) 881-1900

Aunt Martha's
233 Joe Orr Road
Chicago Heights, IL 60411
(708) 756-0326

Counseling Associates
17716 Oak Park Ave.
Tinley Park, IL 60477
(708) 532-7260

Center for Personal & Family Life
3624 216th St.
Matteson, IL 60443
(708) 481-4080

Family Services of Oak Lawn
9401 S. 53rd Ct.
Oak Lawn, IL 60453
(708) 423-3361

Community Counseling Associates
17901 Governors Highway Suite 107
Homewood, IL 60443
(708) 597-0032

Christ Hospital Self-Help Groups

Alcoholics Anonymous
Al-Anon Chicago
Alateen Chicago
Narcotics Anonymous
Cocaine Anonymous
Naranon
Gamblers Anonymous
Gam-Anon
Adult Children of Alcoholics

Call (708) 346-1337 for information on Christ Hospital groups.